

# Cancer Clinical Trials

## *Estudios clínicos para el cáncer*

### You Can Make a Difference

### *Usted puede hacer la diferencia*

## Facts to Consider

### Many cancer prevention and treatment options today are due to clinical trials

Clinical trials are research studies in people that test new drugs or procedures.

#### Cancer clinical trials:

- Try to find a better way to prevent, screen for, diagnose or treat cancer
- Answer scientific questions
- Show us what works (and what doesn't)
- Are critical in the fight against cancer

### Most clinical trial participants say they're glad they enrolled

Ask your doctor about clinical trials available to you.

#### Benefits of participating in a clinical trial:

- Access to promising new drugs and procedures before they're available to everyone
- Possibly receiving a more effective drug or procedure
- Extra attention from your medical team to closely monitor your condition
- Helping others

## Information is the key

Texas Cancer Information ([www.texascancer.info](http://www.texascancer.info))

can tell you about:

- Where to find clinical trials
- Physicians who may be offering clinical trials
- Hospitals or clinics conducting clinical trials
- Links to reliable Web sites

## Considere los hechos

### *Muchas de las opciones que existen hoy en día para la prevención y el tratamiento del cáncer están basadas en estudios clínicos.*

*Los estudios clínicos son estudios de investigación que prueban nuevas drogas o procedimientos en seres humanos.*

#### *Los estudios clínicos para el cáncer:*

- *Intentan encontrar una mejor manera de prevenir, detectar, diagnosticar - tratar el cáncer*
  - *Contestan preguntas científicas*
  - *Nos demuestran lo que funciona (y lo que no funciona)*
- Son importantes en la lucha contra el cáncer*

### *La mayoría de los pacientes que participan en los estudios clínicos dicen que están muy contentos de haberlo hecho.*

*Pregúntele a su médico acerca de los estudios clínicos que estén disponibles para usted.*

#### *Beneficios de participar en un estudio clínico*

*Acceso a nuevas drogas y procedimientos antes de que estén disponibles para el resto de los pacientes.*

- *La posibilidad de recibir una droga o procedimiento más eficaz.*
- *Atención adicional del equipo médico que supervisará de cerca su condición.*
- *Ayudar a otros pacientes con cáncer*

## La información es la clave

*Texas Cancer Information le puede informar:*

- *Dónde encontrar estudios clínicos*
- *Médicos que ofrezcan estudios clínicos*
- *Hospitales o clínicas que conduzcan estudios clínicos*
- *Enlaces a sitios de Internet seguros y confiables*

# [www.texascancer.info](http://www.texascancer.info)

# Talk to Your Patients about Cancer Clinical Trials

- Educate your patients – More knowledge increases likelihood the patient will participate
- Only 3 – 5 percent of the 10.1 million adults with cancer in the U.S. participate in cancer clinical trials
- Underrepresented populations in clinical trials:
  - Low-income individuals
  - Elderly individuals
  - Racial/ethnic minorities
  - Rural residents
- Patient barriers to participation:
  - Mistrust
  - Lack of awareness
  - Lack of invitation
  - Cultural barriers
  - Eligibility criteria
  - Cost/lack of insurance coverage
  - Language difficulties
  - Low literacy
  - Practical obstacles (i.e., transportation or childcare)
- Lack of Awareness Is the Highest Hurdle  
To find out about clinical trials available to your patients, visit:
  - Texas Cancer Information at [www.texascancer.info](http://www.texascancer.info)
  - American Cancer Society at [www.cancer.org](http://www.cancer.org)
  - National Cancer Institute at [www.texascancer.gov](http://www.texascancer.gov)
  - National Cancer Institute - designated cancer centers
  - The University of Texas M. D. Anderson Cancer Center at [www.mdanderson.org](http://www.mdanderson.org)
  - Baylor College of Medicine Dan L. Duncan Cancer Center [www.bcm.edu/cancercenter](http://www.bcm.edu/cancercenter)
  - San Antonio Cancer Institute [saci.uthscsa.edu](http://saci.uthscsa.edu) (Note: No “www” before this address)

**Free Patient Education Poster from Texas Cancer Information ([www.texascancer.info](http://www.texascancer.info))**

## For more free posters or Texas Cancer Information brochures:

**Texas Cancer Data Center – 220  
1515 Holcombe Blvd.  
Houston, TX 77030  
(713) 792-2277  
E-mail: ['info@texascancer.info](mailto:'info@texascancer.info)  
[www.texascancer.info](http://www.texascancer.info)**

## For cancer-related continuing medical education information:

**Texas Medical Association's  
Physician Oncology Education Program  
1 (800) 880-1300, Ext. 1672  
E-mail: [poep@texmed.org](mailto:poep@texmed.org)  
[www.poep.org](http://www.poep.org)**

## Other Sources:

**American Cancer Society, National Cancer Institute**

THE UNIVERSITY OF TEXAS  
MD ANDERSON  
CANCER CENTER  
*Making Cancer History®*

TEXAS MEDICAL  
ASSOCIATION  
Physician Oncology Education Program  
Physicians Caring for Texans

