

How to Facilitate Curriculum Change?

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Facilitating Curriculum Change through Health Literacy

Health literacy is a concept that can be widely embraced by schools. Schools can contribute to the achievement of public health goals in conjunction with their educational commitments.

Facilitating Curriculum Change through TEKS Alignment

6th Grade Health Education

- Describe the importance of establishing and implementing a periodic health-maintenance clinical assessment.

7th and 8th Grade Health Education

- **3A.** Explain the role of preventive health measures, immunizations, and treatment in disease prevention such as wellness exams and dental check-ups.

HS Health

- **2A.** Analyze the relationship between health promotion and disease prevention.
- **2C.** Identify, describe and assess available health related services in the community that relate disease prevention and health promotion.
- **2D.** Develop and analyze strategies related to the prevention of communicable and non-communicable diseases.

Middle School Focus

- Students learn about health behaviors that will safeguard their health as well as information related to understanding puberty and the reproductive process.
- Students are taught about factors in their environment that impact, not only their health and the health of their families, but the health of their communities as well.
- Students learn to refine their critical-thinking skills to avoid unsafe situations, analyze health information and products, and maintain healthy relationships.
- Students begin to investigate health in the broader context of community.

High School Focus

- Students develop skills that will make them health-literate adults.
- Students gain a deeper understanding of the knowledge and behaviors they use to safeguard their health, particularly pertaining to health risks.
- Students are taught how to access accurate information that they can use to promote health for themselves and others.
- Students use problem-solving, research, goal-setting and communication skills to protect their health and that of the community.

How to Facilitate Curriculum Change through Data

- Data
- ❖ Youth Risk Behavior Surveillance Survey (YRBSS)
- ❖ Local STI
- ❖ Local and School Pregnancy Data

What should schools be teaching about
Cervical Cancer and HPV ?

- Analyze health information necessary to make informed decisions as related to disease prevention
- Promote the importance of annual exams and medical care
- Stress the consequences associated with sexual health behaviors
- Create Cervical Cancer and HPV Awareness opportunities

Recommendations

- Evaluate current curriculum to determine where to embed cervical cancer and HPV education
- Collaborate with school districts to help integrate Cervical Cancer and HPV education into existing curriculum
- Ensure that curriculum addresses both male and female issue associated with HPV

Recommendations

- Develop strategies to educate participants in school-based pregnancy prevention programs or related services
- Establish a support structure to assist schools with necessary resources such as guest speakers and training/professional development
- Utilize district School Health Advisory Councils (SHAC) for support and recommendations to school board

References

- Texas Essential Knowledge and Skills
<http://www.tea.state.tx.us/index2.aspx?id=6148>